

# Surfside Quilters Guild

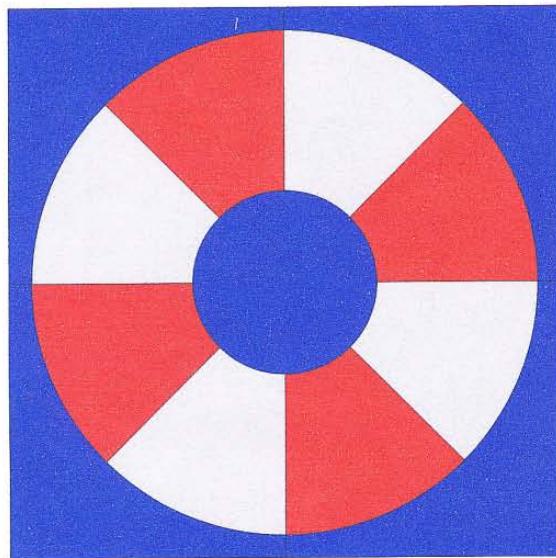
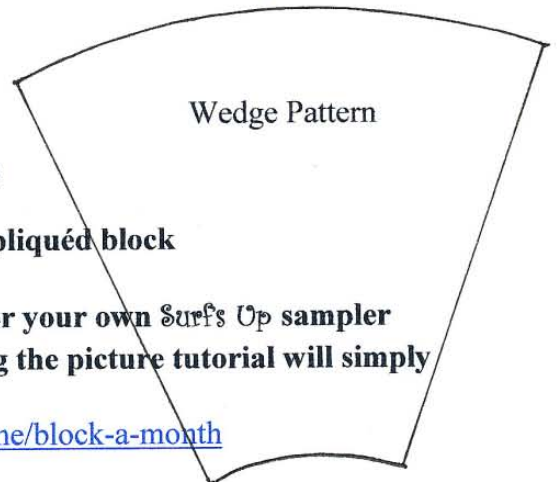
A Block A Month  
September 2009

## Life Preserver

9 1/2" unfinished hand or machine appliquéd block

Surfside Quilters Guild is up! Each month make blocks for your own Surf's Up sampler quilt. This month make one Life Preserver block. Following the picture tutorial will simply the construction of this block.

<http://sites.google.com/site/surfsidequiltersguild/home/block-a-month>



**Cut the following fabrics:** Wash reds and blues to prevent bleeding!

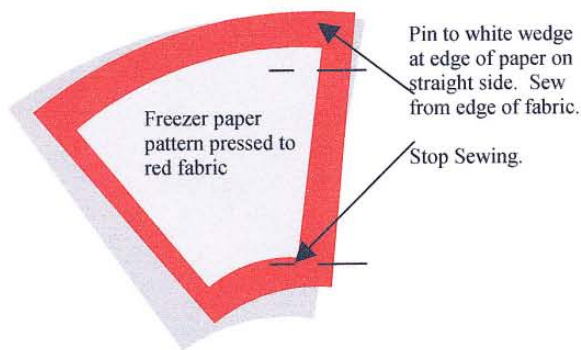
10" square of water blue fabric  
3" x 12" strip of white fabric  
3" x 12" strip of red fabric

**Make the pattern:** Double layer of freezer paper

Trace 8 wedge patterns onto freezer paper. Trim about 1/8" beyond pattern lines. Press the freezer paper wedges onto another piece of freezer paper waxy side to plain side. Cut out wedges on the drawn line.

**Make the Life Preserver:**

1. Press 4 freezer paper patterns to strip of red fabric having grain go down the center of the wedge. Cut out leaving 1/4" around all sides. Do the same with the other 4 wedges and the white fabric.
2. Pin a white and red wedge together on one side matching ends of straight lines. Starting at the wide edge, sew a 1/4" seam stopping at the point of the paper on the narrow side of the wedge. Press seam towards red wedge. Sew all wedges together.
3. Using liquid starch (spray or pour some into cap of starch can) and a Q-tip, moisten seams of inside of the life preserver and press towards the life preserver.
4. Moisten outside seam allowance with starch and press towards life preserver. Remove paper patterns.
5. Press blue fabric in half and then quarters. Using lines, position life preserver on blue fabric. Pin.
6. Hand or machine appliqué life preserver in place.



**Help?** Call or email:

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